MISSION

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

Follow Kohler Klub 55 on Facebook

Have you renewed your membership for 2021???

Klub 55 yearly membership is $25. This membership entitles you to discounts on trips, classes, activities and special events. Friday Lunch programs are not included in discounts for members. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis. Annual membership is from 1/1/2021-12/31/2021. Those who purchased a membership in 2020 are exempt from purchasing a 2021 membership because of COVID-19 closing.

www.kohlervillage.org/klub-55/
To sign up for lunch, classes or events: call 459-3873; or email cgamb@kohlervillage.org.

If there are any classes or workshops you are interested in please contact Jeanine Mullen 920-458-0313.

A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.

If COVID-19 would become an issue, events will be rescheduled.
11:30 a.m. at Village Hall, $6 per person (unless otherwise indicated)

Register for lunch by Wednesday - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.

I am sorry to say we have to raise our lunch cost to $6.00 per person. I am trying to make lunch payment easier, so if you like you can purchase a punch card, $30 for 5 meals. You can use any time or pay weekly as usual.

- June 4 Pork chops, corn, and baked potatoes served with sour cream, butter, fresh bread, and dessert
- June 25 Kielbasa, sauerkraut, potatoes, fresh bread, vegetables and dessert

Special Event: Father's Day Brat Fry, June 18, 11:30 a.m. at Village Hall. Cost $10. This is a father’s event only. You will be served by very special ladies. Menu: Brats, Burgers, Beans, Potato Salad, Brownies and yes, a few Beers. Register for lunch by Wednesday - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.

Day and Overnight Trips

To register for classes/workshops/activities (unless otherwise noted) – call 920-459-3873 or email cgamb@kohlervillage.org.

Holy Resurrection Monastery, June 15

Hikers discoveries of Historical Churches and trails to hike. When you walk up the hill along 3rd Street through St. Nazianz, you feel like you’re in a European Village. In a sense, you are, as Germans, who established a utopian commune here in 1854, built this town. The utopians owned and worked the land in common under the guidance of Father Ambrose Oschwald. They built St. Gregory’s Church and later a Franciscan Monastery with architecture that reflects the Old World Design of Baden, Germany. Their journey from their homeland to Wisconsin can be viewed as a sort of pilgrimage.

The town gets its name from one of the great Eastern Saints, St. Gregory the Theologian, known as St. Gregory Nazianzen in the West. 300 S 2nd Ave St. Nazianz, WI 54232 Telephone: (920) 881-4009
Painters Club • June 24, 10a.m. • All Saints Chapel, Elkhart Lake

Trip to Washington Island
Our trip has been rescheduled for September 14, 15 and 16. This trip is for hikers, painters and kayakers. Details to come.

Mystery Trip – to be announced • Hosted by Laurie and Gary Lindow

PING PONG

Ping Pong • Mondays, starting June 14, 1p.m. • Village Hall
If there is a lot of interest we will add Tuesdays.

CHAIR YOGA

Chair Yoga • Tuesdays at 8:15 a.m. • Kohler Village Hall
Participants will be required to purchase a 5-week card. Cost $40 members and $45 non-members.

Hiking Club • Tuesdays/Thursdays 9:00 a.m.
No pre-registration required. No cost for members, $1.00 for non-members. Destinations to be announced. Wednesday afternoons have been canceled due to lack of attendance, will resume in fall.

Pickle Ball • Wednesdays, 6:30 p.m. • Kohler Tennis Courts
No pre-registration required. No cost for members, $1.00 for non-members.

Kayaking • Wednesdays 10:00 a.m.
No pre-registration required. No cost for members, $1.00 for non-members. Destinations to be announced.
**Cycling**
Cycling has been canceled due to lack of interest.

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**Water in Motion**
This is a lower level water aerobics class. We will use a variety of equipment to strengthen your whole body. Swimming is not necessary.
M/W/F 8-9am

**Deep Water Aerobics**
Our instructor leads a powerful and challenging water workout using a variety of equipment.
M/Th 5-6pm and Sat 10-11am

**Lap Swim**
M/W/F 8-9am during Water in Motion

Residents $2/Non-residents $4 per class. Punch cards available. No pre-registration required.

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**Midwest Power Yoga**
Maggie Olson is offering Klub 55 members a discount. Check Maggie’s Web site for all classes offered. Phone: 920-550-1182 - text us! Web: [www.midwestpoweryoga.com](http://www.midwestpoweryoga.com).

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**CLASSES/WORKSHOPS**

To register for classes/workshops/activities (unless otherwise noted) – call 920-459-3873 or email cgamb@kohlervillage.org.

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**Calm Program**
We will have a 10-week program called Find Your calm. Every week you will be emailed a hand out. Then every Monday morning we will meet and discuss the information that you received. This is a great program and discussion session. The materials cost $5 for the 10-weeks.

This program teaches you to:
1. Live Mindfully (Ease Pain & Anxiety)
2. Retrain Your Brain (Stop Stress Before it Starts)
3. Be Kind to Yourself (Quiet Your Inner Critic)

Weekly Discussions will be at the Kohler Youth Center every Monday at 9 a.m. To register, stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.
Card Playing • Mondays • 10 a.m.
Morning card playing at the Kohler Youth Center 10am – 12:30pm. We will have coffee and soda available. For those who do not play cards please feel free to attend for a little coffee and conversation, or even a game of dominos. Come every week.

Book Club • Thursday, June 17, 2:00 p.m. • Kohler Public Library
We will meet on the grassy area outside of the library. There will be some chairs available, but feel free to bring a comfy lawn chair. For more information, contact Erin at the Library 920-459-2923.

PAINTING CLUB • Thursday, June 10, 1:00 p.m. • Village Hall
No cost for members, $3 for non-members, does not include materials.

Spinners Group Meeting • June 17, 6:30–8:30 p.m.
If interested in becoming a member please call Jeanine Mullen, 920-458-0313.