



VH=Village Hall; P=Kohler Pool  
MWPY=Midwest Power Yoga

**Mondays:** Water in Motion/Lap  
Swim 8am-P

Deep Water Aerobics 5pm-P  
Tai Chi 5:30pm  
Fitness with Maggie-MWPY

**Tuesdays:**

Water in Motion/Lap Swim 8am-P  
Hiking 9am-location announced  
Fitness with Maggie-MWPY

**Wednesdays:**

Water in Motion/Lap Swim 8am-P  
Kayaking 10m-location announced  
Pickle Ball 6:30pm  
Fitness with Maggie-MWPY

**Thursdays:**

Water in Motion/Lap Swim 8am-P  
Bicycling 9am-location announced  
Deep Water Aerobics 5pm-P  
Fitness with Maggie-MWPY  
2<sup>nd</sup> Thursday 1pm Book Club-Library  
3<sup>rd</sup> Thursday LAFF 6pm-VH

**Fridays:**

Water in Motion 8am-P  
Yoga 10am  
Fitness with Maggie-MWPY

**Saturdays:**

Fitness with Maggie-MWPY

## MISSION

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

**facebook.**

## Follow Kohler Klub 55 on Facebook

**Have you renewed your membership for 2020-2021???**

**Klub 55 yearly membership is \$25. This membership entitles you to Discounts on trips, classes, activities and special events. Friday Lunch programs are not included in discounts for members. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis. Annual membership renewal dates have changed. Annual membership is from 1/1/2020-12/31/2020.**

[www.kohlervillage.org/klub-55/](http://www.kohlervillage.org/klub-55/)

Click onto Facebook to view our page

To sign up for lunch, classes or events: stop at Village Hall; call 459-3873; email [cgamb@kohlervillage.org](mailto:cgamb@kohlervillage.org).

**If there are any classes or workshops you are interested in please contact Jeanine Mullen 920-458-0313.**

**A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.**

These dates are only tentative. We will let you know when we are able to open again. Please take care, stay indoors and check out Klub 55 Facebook page for updates. Please follow distance rules and stay safe. Miss you all.



## AUGUST 27, CHICKEN DINNER



We will be having a Klub 55 Chicken Dinner at Lost Woods Park. Scenic Bar will be catering this event. All utensils will be sealed and Covid-19 precautions will be followed. Food will be plated, social distancing a must. This means 3 people at a picnic table with distancing and continued sanitizing. We are asking that you bring your own chairs along with your own beverages. We believe this will be good for all. It was nice seeing you all at our Klub 55 picnic. The cost for the event is \$8 members and \$10 for nonmembers. All you can eat chicken, potatoes, rolls, slaw and dessert.

**RESERVATIONS REQUIRED.** To register, call 920-459-3873 or email [cgamb@kohlerivillage.org](mailto:cgamb@kohlerivillage.org)

## CLASSES/WORKSHOPS/DAY TRIPS

To register for classes/workshops/activities (unless otherwise noted) – call 920-459-3873 or email [cgamb@kohlerivillage.org](mailto:cgamb@kohlerivillage.org). If you are planning on signing up for an event, it is a requirement that you must pay the day you sign your name on the list. Trips have a minimum payment required when signing up. These payments will be non-refundable, unless there is an emergency situation.

## WEEKLY/MONTHLY ACTIVITIES



**Pre-register on Sign-up Genius. There is a limit of 12 per class.**

<https://www.signupgenius.com/go/904044DAEA72EA4F49-morning>

### **Adult Aquatic Exercise Classes • Kohler Pool**

The Kohler Pool is located at 230 School Street (enter at door 19)

Residents \$2/Non-residents \$4 per class

#### **Water in Motion**

Monday-Friday, 8-9 a.m.

This is a lower level water aerobics class. We will use a variety of equipment to strengthen your whole body. Swimming is not necessary.

#### **Deep Water Aerobics**

Monday and Thursday 5-6 p.m.

Our instructor leads a powerful and challenging water workout using a variety of equipment.

#### **Lap Swim**

Monday-Thursday 8-9 a.m.

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### **TAI CHI Mondays 5:30 p.m. • YOGA Fridays 10:00 a.m.**

Class will be meeting at the white structure across from Woodland Cemetery on Woodland Road in Kohler. Members free, non-members \$2.



### **Hiking Club • 9:00 a.m. • Every Tuesday**

Watch our Facebook page (Klub 55) or request an email to find out where we are hiking. No pre-registration required. *No cost for members, \$1.00 for non-members.*

8/11 Nichols Creek State Wildlife Area

8/18 Willow Creek Preserve

8/25 Ledge View Park (day trip, bring a lunch)



### **Pickle Ball • 6:30 p.m. Wednesdays • Kohler Tennis Courts**

Join us at the Kohler Tennis Courts for Pickle Ball on Wednesdays at 6:30 p.m. All equipment is provided, but you are welcome to bring your own racquet. Cost: Free for members or \$10 for 10-weeks for non-members.



### **Kayaking • Wednesdays • 10:00 a.m.**

8/12 Mud Lake

8/19 Gerber Lake

8/26 Crystal Lake

Waukee Paddler schedule to be announced. Watch our Facebook page for updates. If you prefer request a Email message.

### **Bicycling • Thursdays • 9:00 a.m.**

8/13 Sheboygan Marsh

8/20 Kohler Andre State Park

8/27 No Biking – chicken lunch



### **Book Club • 2nd Thursday of the month 1:00 p.m. • Kohler Public Library**

Led by Erin Coppersmith, Village Librarian. Please contact the library with questions. The Kohler Public Library is located in the school. You must enter through the School Office entrance at 333 Upper Road. There are some library and visitor parking spots near the building. *To register, stop in the Kohler Public Library or call 920-459-2923.*



## LAFF (Spinners Group) • August 20, 6:30 p.m. • Village Hall

If interested in becoming a member, please contact Jeanine Mullen, 920-458-0313.

## MIDWEST POWER YOGA

Maggie Olson is offering Klub 55 members a discount. Klub 55 members pay \$30 for a 5-class pass (\$6 classes), a savings of \$10 for 5-class pass. This is only offered to Klub 55 members. Check Maggie's Web site for all classes offered. Phone: 920-550-1182 - text us!

Web: [www.midwestpoweryoga.com](http://www.midwestpoweryoga.com).

## UP COMING EVENTS

### Kentucky Derby

Since the Kentucky Derby will be held in September we can have our own Kentucky Derby Party. There will be prizes for the best hat. Think about it now everyone to start designing your hats and attire.

