

December & January

Happy  Holidays!



MONTHLY EVENTS:

Volume 2, Number 12

VH=Village Hall SC= Sports Core
MWPY=Midwest Power Yoga

Mondays:

Chair Yoga 8: 15am-VH
Ping Pong 1pm-VH
Fitness with Maggie-MWPY

Tuesdays:

Hiking 10am—location announced
Ping Pong 1 pm-VH
Fitness with Maggie-MWPY
1st Tuesday card making 1pm-
Patti's (no class in January)

Wednesdays:

Chair Yoga 8: 15am-VH
Pickle Ball 6: 45pm-School Gym
Fitness with Maggie-MWPY
4th Wed Bar Food 11:30am

Thursdays:

Snow Shoeing 10a.m.-TBD
Painting with Jay 1: 30pm-VH
Fitness with Maggie-MWPY
2nd Thursday 1pm Book Club-Library
2nd Thursday LAFF 5pm-VH (Dec.)
3rd Thursday LAFF 6pm-VH (Jan.)

Fridays:

Lunch 11: 30am/Cards 1pm-VH
Pickle Ball 12pm-SC
Fitness with Maggie-MWPY

Saturdays:

Coffee Shop Conversation 9am-
Woodlake Market
Pickle Ball 9am-SC
Fitness with Maggie-MWPY

MISSION

Klub 55 serves as a focal point for those aged 55 and over in the extended Kohler community, providing opportunities for fun, recreation, learning, and socialization in order to encourage physical, mental, spiritual, and social well-being.

What is the extended Kohler community? In short, it is Kohler and the surrounding areas! Anyone who can make it to Kohler, where most activities take place, is welcome! At this time we do not provide transportation.

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a dark blue rectangular background.

Follow Kohler Klub 55 on Facebook

Have you renewed your membership for 2019-2020???

Klub 55 yearly membership is \$25. This membership entitles you to Discounts on trips, classes, activities and special events. Friday Lunch programs are not included in discounts for members. All members who sign up for events are taken before non-members who will then be called on a first come first serve basis. Annual membership is from 4/1-3/31.

www.kohlervillage.org/klub-55/

To sign up for lunch, classes or events: stop at Village Hall; call 459-3873; email cgamb@kohlervillage.org.

If there are any classes or workshops you are interested in please contact Jeanine Mullen 920-458-0313.

A reminder to everyone: it is important to register in advance for all classes, events or trips. Nothing cancels a good class, event or trip quicker than everyone waiting until the last minute to register. If there are not enough registrants by a certain date, the class/event/trip may be cancelled.



LUNCH MENU
11:30 a.m. at Village Hall, \$5 per person

- 12/06 No Lunch – Trivia Night
- 12/13 No Lunch – Holiday Party
- 12/20 Polish sausage, kraut, potatoes, apple sauce, bread, dessert
- 12/27 No Lunch
- 1/03 No Lunch
- 1/10 Hamburgers and brats, potato salad, dessert
- 1/17 Soup & BLT sandwich, vegetables, dessert – **no cards after lunch**
- 1/24 Oriental chicken, fried rice, egg rolls, dessert - **no cards after lunch**
- 1/31 Chef Jeff's Famous Stromboli dinner

Cost: \$5 per person, unless otherwise indicated. Register for lunch by Wednesday - stop at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org. Games and card playing after lunch – no charge members/\$1 non-members.

SPECIAL DINING EVENTS

- 12/6 Trivia Night – broasted chicken provided by Scenic Bar
- 1/29 Bar Food – Northstar Bar



YOGA

Chair Yoga with Megan - Mondays and Wednesdays 8:15 a.m. - Village Hall
Class pass (10 weeks): \$50 Members/\$60 non-members or \$5 per class members/\$6 non-members.

Fitness with Maggie Monday-Saturday – Midwest Power Yoga, 1104 Fond du Lac Avenue, Sheboygan Falls 920-550-1182, www.midwestpoweryoga.com



BEST BAR FOOD IN THE COUNTY 2019 WINNERS

- 1 – VFW Post 9156, 552 S Evans St. Sheboygan
- 2 – NZ's Bar & Grill, 1022 Michigan Ave. Sheboygan
- 3 – Majerle's Black River Grill, 5033 Evergreen Dr. Sheboygan
- 4 – Holiday's Pub & Grill, 5533 Superior Ave. Sheboygan
- 5 – Scenic Bar & Restaurant, 1635 Indiana Ave. Sheboygan

Thank you to all the establishments that we visited this past year.

We will start our 2020 competition in January at Northstar Bar, 3004 North 8th Street, Sheboygan, on Wednesday, January 29 at 11:30 a.m. Please register at Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org so we can notify the establishment of how many people to expect. Klub 55 will be judging bar food every month in the county and in December publish who is number one and who is number five for the best bar food ranking. The more judges we have the more fun.

CLASSES/WORKSHOPS/DAY TRIPS

To register for classes/workshops/activities (unless otherwise noted) – stop at Village Hall, 319 Highland Drive in Kohler, call 920-459-3873 or email cgamb@kohlervillage.org. If you are planning on signing up for an event, it is a requirement that you must pay the day you sign your name on the list. Trips have a minimum payment required when signing up. These payments will be non-refundable, unless there is an emergency situation.

Domes Tour • December 5

The buses are full but we have a waiting list started.

The bus will leave from Village Hall at 9:00 a.m. Lunch will be at Miss Katies. Cost is \$25 for members or \$35 non-members, transportation and admission to the Domes is included.



Trivia Night • December 6 • Village Hall

Join our Hosts R&R on December 6 at Village Hall. Broasted chicken from Scenic Bar, refreshments, and prizes will be provided. Cost: \$5 per person and a dish to pass. Cocktails at 5 p.m. Dinner at 6 p.m. Register at Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.



December 13 • Klub 55 Christmas Party • Inn on Woodlake

The Christmas party will be held at the Inn on Woodlake in the Oak Room, 705 Woodlake Road in Kohler. Cocktails will be at 6:00 p.m. and dinner will be served at 6:45 p.m. There will be a cash bar and dancing after dinner. Cost \$25 per person for members and \$30 per person for non-members. There is limited seating. Please register at Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.



MIDWEST POWER YOGA (MWPY)

Maggie Olson is offering Klub 55 members a discount, \$30 for 5 class pass (\$6 classes) – a savings of \$10 for 5 class pass. This is only offered to Klub 55 members. Check Maggie's web site for all classes offered. Also, Midwest Power Yoga is having an Open House December 14, 10:00 a.m. till noon. Check it out.

All of the information about classes can be found at: www.midwestpoweryoga.com/schedule. Please contact Maggie at Maggie@MidwestPowerYoga.com or call/text at 920-550-1182 to sign up!

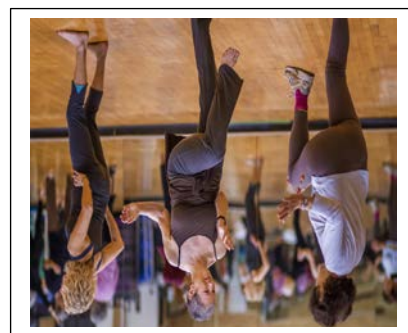
Pound: Think Zumba meets drumming class. Pound is a fitness class that combines cardio, strength training and some yoga & Pilates with drumming for an amazing full body workout. You'll use lightly weighted drumsticks (aka Ripstix) to drum to the beat of the music. You'll burn anywhere from 500-900 calories and perform over 15,000 reps! There is a Saturday 7:30 a.m. class or a Tuesday 5:30 p.m. class, suitable for beginners and all levels.

SPECIAL INVITATION

In conjunction with Kohler Foundation's Distinguished Guest Series performance by famed dance company Pilobolus, the Kohler Foundation is excited to announce an opportunity for Klub 55 members to work with dancers from the dance company in a workshop titled "Connecting with Balance" on Thursday, January 30 from 10-11 a.m. in the Kohler Village Gym.

"Connecting with Balance" is an hour long workshop tailored to helping seniors reconnect with their bodies and environment. Exercises in movement and balance guide participants to maintain and improve balance, think creatively, and build community through social engagement. This class is open to all levels of ability - even those who remain seated throughout.

We will have room for 30 participants. There will be no fee to participate. Sign up at Kohler Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.





Card Making Workshop • 1st Tuesday of the month (Dec. 3) 1:00 p.m.

No class in January. Cost is \$5 per person. For more information contact Village Hall, 920-459-3873 or email cgamb@kohlervillage.org.



Ping Pong • 1:00 p.m. Mondays & Tuesdays • Village Hall

Join us at Kohler Village Hall for Ping Pong at 1:00 p.m. No pre-registration required. *No cost for members, \$1.00 for non-members.*



Hiking Club • 10:00 a.m. Tuesdays

Starting at a designated point we will be hiking once per week at different locations close by. Once a month we will venture out in the county and explore the beauty and history around us. Watch our Facebook page (Klub 55) or request an email. No pre-registration required. *No cost for members, \$1.00 for non-members.*



Pickle Ball • 6:45 p.m. Wednesdays • Kohler School Gym

Join us at the Kohler School Gym for Pickle Ball on Wednesdays at 6:45 p.m. All equipment is provided, but you are welcome to bring your own racquet. Cost: Free for members or \$10 for 10-weeks for non-members.



Snow Shoeing and Cross-Country Skiing •

Every Thursday and one Wednesday a month with our friends Wacki Paddlers at 10:00 a.m. Different locations every week. Watch our Facebook page (Klub 55) or request an email. No pre-registration required. *No cost for members, \$1.00 for non-members.*



Book Club • 2nd Thursday of the month 1:00 p.m. • Kohler Public Library

Led by Erin Coppersmith, Village Librarian. Please contact the library with questions. The Kohler Public Library is located in the school. You must enter through the School Office entrance at 333 Upper Road. There are some library and visitor parking spots near the building. *To register, stop in the Kohler Public Library or call 920-459-2923.*



Painting Club • 1:30 p.m. Thursdays • Village Hall

(No class December 26 – January 2)

Learn techniques and tricks of the trade from Jay Parsons. No pre-registration required. *No cost for members, \$3.00 for non-members, does not include materials.*



LAFF (Spinners Group) • December 12 Christmas Party 5:00 p.m. • January 16 6:00 p.m. • Village Hall

If interested in becoming a member, please contact Jeanine Mullen, 920-458-0313.



Pickle Ball • Fridays and Saturdays • Sports Core

Every Friday from 12:00-2:00 p.m. and Saturday from 9:00-11:00 a.m. the Sports Core is having drop-in Pickle Ball. The fee is \$5 per person (fee is the same for everyone, even Sports Core members). There is no advanced registration.



Coffee Shop Conversation • Every Saturday 9:00 a.m. at Woodlake Market

Looking for a low pressure way to connect with others? Please join Jim & Marcia Faltinek and Linda & Michel Solien at Woodlake Market in Kohler (nice weather outside/otherwise at the communal tables inside) at 9:00 a.m. Saturday mornings. No pre-registration required. Hope you can join us!



Bowling • Date to be announced • Odyssey Fun Center

We will be announcing a date for bowling. We will bowl at Odyssey Fun Center, 100 Hamann Drive, Sheboygan Falls. Cost for 3 games with shoes is \$7 and is paid at the bowling lanes. Lunch is on your own after. Register at Village Hall, call 920-459-3873 or email cgamb@kohlervillage.org.



Let's Play Bridge

Many members would like to start a Bridge playing day. Let's do it! Days available are Wednesday or Friday afternoons. We can supply refreshments. If you are interested in a Bridge event on a Saturday we can also accommodate that. Please contact Kohler Village Hall, 920-459-3873 or email cgamb@kohlervillage.org. We will put your name on the list and schedule a meeting in February and start playing Bridge.



Dominoes

Fridays after lunch 1:00 p.m. at Village Hall – Mexican Train or Chicken Feet



Mah Jongg

Fridays after lunch 1:00 p.m. at Village Hall. If there is enough interest, we will again have classes to learn the game.



THE ADDAMS FAMILY



UNCLE FESTER AT THE PIANO



CELINE DION



DINNER BEFORE THE CELINE CONCERT



GAME NIGHT



Another year is drawing to a close. It is sometimes hard to believe that Klub 55 is beginning its 4th year. So much has change. I was so fearful when I decided to take this adventure on, but you have all made this journey a lot easier. You know my goal was to get people out of their house, try new programs and cross some of the crazy stuff off our bucket lists. We are never too old to enjoy life and other peoples company. Some who attend have lost a spouse or family member which is not an easy journey. Klub 55 is a family who looks out for one another and helps heal the pain of those who are suffering. This is a very important part of this organization.

The laughter you all bring to every Friday lunch, event, program, resound when I enter the Village Hall. It's a happy place. Thank you all for your generosity, help and friendship. Most of all your patience. May you all have a Merry Christmas and Happy New Year.

Sincerely: 
Jeanine Mullen

UPCOMING CLASSES AT THE KOHLER PUBLIC LIBRARY

Photography and genealogy class led by Erin Coppersmith; Sewing class led by Mary Webster. More details will be announced.

